



ALL TOGETHER BETTER

Groups or Individuals Looking for **One-Time** Volunteer Opportunities

Events are a great way for you or your group to get involved without making a long-term commitment.

YMCA PROGRAMS & EVENTS

CHILD CARE FOR PARENT'S TIME OUT

PTO is a program where parents can drop their kids off at the Y and we provide an evening of activities, dinner, games, swimming and movies while the parents get the night to themselves. PTO is open to kids ages 4 months -12 years. Volunteers are needed to help with set-up, take-down, swimming, activities such as reading stories, puzzles, craft projects and playing with kids. We need 8 volunteers for each of these events. Minimum age to volunteer is 12.

DATES AND TIMES:

Downtown YMCA

- Saturday Dec 7 from 4:00-8:00pm
- Saturday December 21 from 1:00-4:00pm

The YMCA at the Essentia Wellness Center:

- Friday December 13 from 5-9pm
- Saturday December 21 from 1-4pm

ASSIST WITH THE YMCA WINTER HOLIDAY PARTY

Volunteers are needed to help kids and families with arts projects, activity stations and handing out snacks. Minimum age to volunteer is 13. We can take up to 15 volunteers for this event.

Location: The YMCA at the Essentia Wellness Center (Hermantown)

Dates: Sunday December 8

Times: 1:45-4:15pm (the actual event goes from 2-4pm)

ASSIST WITH A YMCA SWIM MEET

Get up close to Olympic style swim action right here in Duluth! Volunteers are needed to help with timing the racers, concessions and assisting swimmers into their lanes. Minimum age to volunteer is 16. We can take an unlimited number of volunteers.

When: Saturday December 14

Where: Lincoln Park Middle School

Time: We have shifts available from 9:00am-5:00pm

For more information or questions, please contact:

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To register, visit our website under "Register for Programs" or you can stop by or call the Member Service Desk.