

Organization: Duluth Area Family YMCA

Internship: **CATCH Program Coordinator (CATCH: Coordinated Approach to Child Health)**

Reports To: Director of Healthy Living

Hours Required: Flexible



The Y: We're for youth development, healthy living and social responsibility.

Position Summary:

CATCH: Coordinated Approach to Child Health

To coordinate, implement and evaluate the CATCH program for after school-programs in Duluth Public Schools. CATCH promotes physical activity and healthy food choices for children. CATCH is a program of the CDC, who also provides a tool kit and lesson plans to run the program.

Essential Functions:

1. Program Planning and Development for the CATCH program
 - a. Familiarize yourself with the after-school program. This will include observing & engaging in the program.
 - b. Curriculum development based off of the CATCH tool kit and lesson plans.
 - c. Develop handouts.
 - d. May connect with outside instructors.
 - e. Design program logistics.
2. Program implementation
 - a. Lead fun and engaging games & activities to ensure youth are being physically active.
 - b. Present lesson plans related to healthy development & living.
3. Create a system for maintaining program for future intern.

Required Qualifications:

- Pursuing or already received a Bachelor's degree in related field or equivalent combination of education and experience.
- Strong skills in the ability to interact, work with and motivate youth in a positive manner; excellent written and verbal communication skills required.
- Ability to make presentations.
- Excellent personal computer skills and experience with standard business software.
- Must be available during after-school hours.

Desired Qualifications:

- CPR and First Aid certification or willingness to obtain certification (available free of charge from the Y).

Compensation:

Interns do receive a YMCA membership during their internship. They also will receive a great experience working in the non-profit sector with one of the largest non-profit organizations in the nation. Although this internship is unpaid, we will work with you and your school to assist you in receiving college credit. It is the responsibility of the student to determine if academic credit is available through his/her degree program.

Application Process:

- YMCA Internship Application
- Cover Letter
- Resume
- Two letters of recommendation

Contact Information:

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