



# BIG WATER SWIM CHALLENGE

November 15, 2023 - May 15, 2024

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**FOR YOUTH DEVELOPMENT®**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**

Join us in taking on the Big Water Swim Challenge! This year we will spend the winter months swimming through the St. Louis River. Complete the 192 miles by yourself or as a team. Set your goal to swim from Seven Beaver Lake all the way to Lake Superior! Make sure to track your progress on the poster in the pool area!

**\$35 registration,  
includes t-shirt**

Scan here to sign up!

