



# SWIMMING FOR ALL!

A/B PARENT CHILD 6 MONTHS- 2 YRS

PRESCHOOL (P) LESSONS AGES 3-5

SCHOOL AGE (S) LESSONS AGES 6-12

SUMMER I: June 10th-July 19th  
SUMMER II: July 22nd - August 30th

**Registration**  
YMCA members: May 20th  
Community members: May 24th  
at 12pm!

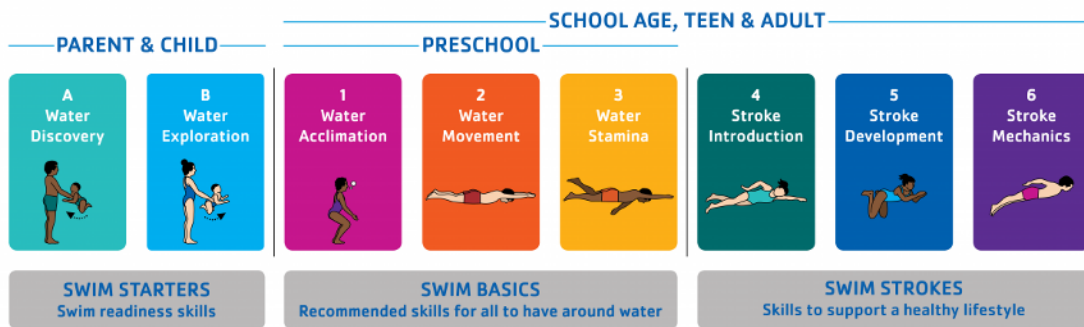
## Evening Lessons- Downtown Duluth Branch

TIME	TUESDAY	THURSDAY
4:30-5:00 P.M.	1P Water Acclimation	1P Water Acclimation
4:30-5:10 P.M.	2S Water Movement	3S Water Stamina
5:10-5:40 P.M.	A/B Parent-Child	2P Water Movement
5:20-6:00 P.M.	2S Water Movement	2S Water Movement
5:45-6:15 P.M.	2P Water Movement	1P Water Acclimation
6:05-6:45 P.M.	3S Water Stamina	3S Water Stamina
6:20-6:50 P.M.	3P Water Stamina	4S Stroke Introduction
6:50-7:30 P.M.	4S Stroke Introduction	5S/6S Blended

\*\*\*All program participants in swim programs receive validated parking at the Holiday Inn ramp next door!

## Northerns Swim Team Practice - Downtown Duluth Branch

TIME	MONDAY	WEDNESDAY
6:00-7:00 P.M.	Novice	Novice
7:00-8:00 P.M.	Age Group/Senior	Age Group/Senior



Please contact the Program Director with any questions or concerns about Swim Lessons at 218-722-4745 ext 131 or cfroemke@duluthymca.org